

ARNE & CARLOS

THE EASIEST SOCK IN THE WORLD



This pattern is for personal use only. No portion of this packet may be reproduced without written permission from ARNE & CARLOS.

All rights reserved.

Copyright © 2025 ARNE & CARLOS

ARNE & CARLOS

THE EASIEST SOCK IN THE WORLD

Materials: 100 grams (1 Ball) of ARNE & CARLOS Socks & More 4-ply, 75% Virgin Wool and 25% Recycled Polyamide is enough for 1 pair of socks. The colour used in the photos is # 03657 Summer night.

Meterage: 420 m per 100 grams

You can knit the heel using the same yarn you are using for the sock, or you could use a solid colour for the heel, like we've done in the photos. Look for a 4-ply sock yarn in solid colours and the same composition and meterage as our yarn, preferably in 75% wool and 25% polyamide for heel durability.

Needles: 1 set of dpns 2.5 mm // US 1.5

Gauge: 30 stitches, 40 rows = 10 cm

This is the easiest way of knitting sock. All you need to do is cast on and knit the sock toe up, add the scrap yarn where you want to put in the heel, and when you finish the sock, you go back to the place where you put the scrap yarn, take it out and knit the heel. Super easy!

Start on the toe:

Cast on 16 sts on a dpn US 2.5 / 3 mm. Divide these sts over 4 dpns = 4 sts per ndl.

Rnd 1: Knit 16.

Inc in the sides:

Rnd 2: K1, inc 1, k6, inc 1, k2, inc 1, k6, inc 1, k1.

Rnd 3: knit 20

Rnd 4: K1, inc 1, k8, inc 1, k2, inc 1, k8, inc 1, k1.

Rnd 5: knit 24

Continue knitting around with inc 4 on every second round. Stop inc when you have the width that matches your foot.

Our foot size is 42 and we need a total of 16 sts on each needle.

Knit up to the heel, check on your foot while you're working.

When your sock is up to your ankle bone, knit a bit of yarn in a contrasting colour on to needle 1 and 2.

Check with the toe that the yarn on the two needles is correct according to the toe. The thread has to be on the needles in between the lines from inc on the toe.

Knit the sock as long as you like it and finish the sock with a rib of (k2, p2) at the hem.

ARNE & CARLOS

Knit the Heel:

Put the sts from the yarn in contrasting colour at the heel over on 4 dpn = ex 16 sts on each.

Knit around with decreasing in the sides according to the decreasing on the toe on every second round.

Rnd 1: k64

Rnd 2: k1, k2tog, k26, k2tog, k2, k2tog, k26, k2tog, k1.

Rnd 3: k 60

Rnd 4: k1, k2tog, k24, k2tog, k2, k2tog, k24, k2tog, k1.

Rnd 5: k 56

Rnd 6: k1, k2tog, k22, k2tog, k2, k2tog, k22, k2tog, k1.

Rnd 7: k 52

Continue decreasing on every second rnd until there are 4 sts left on each dpn.

Sew the tip of the toe and the tip of the heel, weave in the ends and block the sock, but don't block the ribbing.

Tips: If you want to get the exact same pattern in both socks, be sure to start in a place where you have a clear and obvious change of colours and make sure you remember where you started by leaving a long thread that you can get back to and check, for the second sock. And, make sure you don't sew the tip of the toe until on your first sock you've started on your second sock, as you'll need to use your first sock to find the same pattern for the second one.

ARNE & CARLOS

